



February 2026 Independent Living Calendar















SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	LOCATION 2nd Floor (2F) Activity Room (AR) Bar (B) Bus Trip (BT) Theater Room (TH)					
10:35am Resident Led Walking Club (2F) 1:00pm Tabletop Games (2F) 2:00pm Scrabble (2F)	8:00am Crafts: Beading (AR) 9:30am Shopping Trip: H-E-B, Walmart, Target (BT) 10:00am Communion for All Faiths by Dr. Tom (TH) 10:30am Sit & Be Fit! (2F) 12:30pm Shopping Trip: H-E-B, Walmart, Target (BT) 1:00pm Tabletop Games (2F) 1:30pm Matinee Movie: "Les Misérables" (2012) (TH) 3:00pm Dollar Bingo! (AR) 5:00pm Classic Film: Titanic (1997) (TH)	10:00am Free Blood Pressure Checks by Friendly Faces (2F) 10:00am Communion with St. Bernadette's Church (TH) 10:30am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 1:30pm Color Therapy (AR) 2:00pm Resident Council Meeting (AR) 3:00pm Resident Outreach Group! (AR) 4:00pm Happy Hour (B) 4:00pm Alzheimer's Support Group w/ Guest Speaker (TH)	8:00am Crafts: Beading (AR) 9:30am SingFit! (2F) 10:00am Chair Volleyball (AR) 10:30am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 2:00pm Bible Study (TH) 3:00pm Women's Christian Group (TH) 3:00pm Dollar Bingo! (AR) 4:30pm Dinner Outing: Longhorn Steakhouse (BT)	9:30am Karen's Card Making Class (AR) 10:30am Sit & Be Fit! (2F) 12:30pm Documentary Club: America's Greatest Monuments (TH) 1:00pm Tabletop Games (2F) 1:30pm Color Therapy (AR) 2:30pm Arts & Crafts: Paper 3D Hearts (AR) 4:00pm Thirsty Thursday! (Happy Hour) (B)	9:30am Quick Errands (BT) 10:00am Chair Volleyball (AR) 10:30am Sit & Be Fit! (2F) 12:30pm Quick Errands (BT) 1:00pm Tabletop Games (2F) 1:30pm Matinee Movie: Wicked: For Good (TH) 3:00pm Dollar Bingo! (AR) 5:00pm New Release Movie: Rebuilding (TH)	10:35am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 3:15pm Rosary with John (TH) 5:00pm New Release Movie: Rebuilding (TH)
10:35am Resident Led Walking Club (2F) 1:00pm Tabletop Games (2F) 1:45pm Pasadena Little Theater: The Games Afoot (BT) 2:00pm Scrabble (2F)	8:00am Crafts: Beading (AR) 9:30am Shopping Trip: H-E-B, Walmart, Target (BT) 10:00am Communion for All Faiths by Dr. Tom (TH) 10:30am Sit & Be Fit! (2F) 12:30pm Shopping Trip: H-E-B, Walmart, Target (BT) 1:00pm Tabletop Games (2F) 1:30pm Matinee Movie: Titanic (1997) (TH) 3:00pm Dollar Bingo! (AR) 5:00pm Classic Film: To Catch a Thief (1955) (TH)	10:00am Free Blood Pressure Checks by Friendly Faces (2F) 10:00am Communion with St. Bernadette's Church (TH) 10:30am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 1:30pm Color Therapy (AR) 2:00pm Calendar Planning w/ Team (AR) 3:00pm Resident Outreach Group! (AR) 4:00pm Happy Hour (B)	8:00am Crafts: Beading (AR) 9:15am Golden Nugget Casino Trip! (BT) 10:30am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 2:00pm Bible Study (TH) 3:00pm Women's Christian Group (TH) 3:00pm Dollar Bingo! (AR)	9:30am Karen's Card Making Class (AR) 10:30am Sit & Be Fit! (2F) 12:30pm Virtual Tour: Malaysia (TH) 1:00pm Tabletop Games (2F) 1:30pm Color Therapy (AR) 2:00pm "Heart Healthy Month" Presented by Friendly Faces (2F) 2:30pm Arts & Crafts: Mardi Gras! (AR) 4:00pm Thirsty Thursday! (Happy Hour) (B)	9:15am Rotary Club: Roses for Residents (Visiting) 9:30am Quick Errands (BT) 10:00am Chair Volleyball (AR) 10:30am Sit & Be Fit! (2F) 12:30pm Quick Errands (BT) 1:00pm Tabletop Games (2F) 1:30pm Matinee Movie: Song Sung Blue (TH) 3:00pm Dollar Bingo! (AR) 4:00pm Valentine's Day Party! (B) 5:00pm New Release Movie: Song Sung Blue (TH)	10:35am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 3:15pm Rosary with John (TH) 5:00pm New Release Movie: Song Sung Blue (TH)
10:35am Resident Led Walking Club (2F) 1:00pm Tabletop Games (2F) 2:00pm Scrabble (2F)	8:00am Crafts: Beading (AR) 9:30am Shopping Trip: H-E-B, Walmart, Target (BT) 10:00am Communion for All Faiths by Dr. Tom (TH) 10:30am Sit & Be Fit! (2F) 12:30pm Shopping Trip: H-E-B, Walmart, Target (BT) 1:00pm Tabletop Games (2F) 1:30pm Matinee Movie: To Catch a Thief (1955) (TH) 3:00pm Dollar Bingo! (AR) 5:00pm Classic Film: The Notebook (2004) (TH)	10:00am Free Blood Pressure Checks by Friendly Faces (2F) 10:00am Communion with St. Bernadette's Church (TH) 10:30am Sit & Be Fit! (2F) 11:00am Harris County Master Gardeners Green Thumb Series: Spring Vegetable Gardening (TH) 1:00pm Tabletop Games (2F) 1:30pm Color Therapy (AR) 2:00pm Chef Chat! (B) 3:00pm Resident Outreach Group! (AR) 4:00pm Mardi Gras Happy Hour! (B) 5:45pm Houston Botanical Garden: Radiant Nature Lights	8:00am Crafts: Beading (AR) 9:30am SingFit! (2F) 10:00am Chair Volleyball (AR) 10:30am Sit & Be Fit! (2F) 11:15am Lunch Outing: Mamacita's Mexican Restaurant (BT) 1:00pm Tabletop Games (2F) 2:00pm Bible Study (TH) 3:00pm Women's Christian Group (TH) 3:00pm Dollar Bingo! (AR)	9:30am Karen's Card Making Class (AR) 10:00am Silver Joy: Chair Dancing! (2F) 10:30am Sit & Be Fit! (2F) 12:30pm Documentary Club: Aboard Air Force One (TH) 1:00pm Tabletop Games (2F) 1:30pm Color Therapy (AR) 2:00pm Arts & Crafts: Watercolor with Patsie! (AR) 4:00pm Thirsty Thursday! (Happy Hour) (B)	9:30am Quick Errands (BT) 10:00am Chair Volleyball (AR) 10:30am Sit & Be Fit! (2F) 12:30pm Quick Errands (BT) 1:00pm Tabletop Games (2F) 1:30pm Matinee Movie: Anaconda (TH) 3:00pm Dollar Bingo! (AR) 5:00pm New Release Movie: Anaconda (TH)	10:35am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 3:15pm Rosary with John (TH) 5:00pm New Release Movie: Anaconda (TH) 6:30pm Bay Area Bluegrass Music Concert! (BT)
10:35am Resident Led Walking Club (2F) 1:00pm Tabletop Games (2F) 2:00pm Scrabble (2F)	8:00am Crafts: Beading (AR) 9:30am Shopping Trip: H-E-B, Walmart, Target (BT) 10:00am Communion for All Faiths by Dr. Tom (TH) 10:30am Sit & Be Fit! (2F) 12:30pm Shopping Trip: H-E-B, Walmart, Target (BT) 1:00pm Tabletop Games (2F) 1:00pm Lyrical Healing with Angel! (2F) 1:30pm Matinee Movie: The Notebook (2004) (TH) 3:00pm Dollar Bingo! (AR) 5:00pm Classic Film: Ghost (1990) (TH)	10:00am Free Blood Pressure Checks by Friendly Faces (2F) 10:00am Communion with St. Bernadette's Church (TH) 10:30am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 1:30pm Color Therapy (AR) 2:00pm Resident Town Hall (B) 3:00pm Resident Outreach Group! (AR) 4:00pm Happy Hour (B)	8:00am Crafts: Beading (AR) 9:30am SingFit! (2F) 10:00am Chair Volleyball (AR) 10:30am Sit & Be Fit! (2F) 10:35am New Resident Orientation (TH) 11:15am Lunch Outing: Ichibon (Hibachi Grill) (BT) 1:00pm Tabletop Games (2F) 2:00pm Bible Study (TH) 3:00pm Women's Christian Group (TH) 3:00pm Dollar Bingo! (AR)	9:30am Karen's Card Making Class (AR) 10:30am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 1:30pm Color Therapy (AR) 2:30pm Arts & Crafts: Lovebird Painting (AR) 4:00pm Resident Birthday Celebration! (B)	9:30am Quick Errands (BT) 10:00am Chair Volleyball (AR) 10:30am Sit & Be Fit! (2F) 12:30pm Quick Errands (BT) 1:00pm Tabletop Games (2F) 1:30pm Matinee Movie: Merrily We Roll Along (TH) 2:00pm Plane Watching at Houston Hobby Airport (BT) 2:00pm Resident Book Club (AR) 3:00pm Dollar Bingo! (AR) 5:00pm New Release Movie: Merrily We Roll Along (TH)	10:35am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 3:15pm Rosary with John (TH) 5:00pm New Release Movie: Merrily We Roll Along (TH)



February 2026 Assisted Living Calendar						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>LOCATION</b> Activity Room (AR) Bar (B) Bus Trip (BT) Card Room (CR) Dining Room (DR) Theater Room (TH)					
9:30am Morning News (CR) 10:00am Resident Led Walking Club (CR) <b>1</b>	9:15am <b>P.A.L.S Group Activity (CR)</b> 9:30am <b>Shopping Trip: H-E-B, Walmart, Target (BT)</b> 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 12:30pm <b>Shopping Trip: H-E-B, Walmart, Target (BT)</b> 1:30pm <b>Classic Movie Mondays: "Key Largo" (1948) (TH)</b> 3:00pm Dollar Bingo (CR) 4:00pm Dominoes! (Tabletop Games) (CR) <b>2</b>	9:30am <b>Communion with St. Bernadette's Church (TH)</b> 9:30am <b>Free Blood Pressure Checks by Friendly Faces (CR)</b> 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 1:15pm <b>Arts &amp; Crafts: Mardi Gras Bead Painting (AR)</b> 3:00pm Bingo (CR) 4:00pm "Left Center Right" Game (AR) <b>3</b>	9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 11:30am <b>Lunch Outing: Mamacita's Mexican Restaurant (BT)</b> 1:30pm <b>Karen's Card Making Class (CR)</b> 1:55pm <b>P.A.L.S Group Activity (CR)</b> 2:00pm <b>Explore Historic Places of the Civil Rights Movement (CR)</b> 3:00pm Dollar Bingo (CR) 4:00pm <b>Wine Down Wednesday! (Happy Hour) (DR)</b> <b>4</b>	9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 11:30am <b>SingFit! (CR)</b> 1:30pm <b>Classic Movie Mondays: "Titanic" (1997) (TH)</b> 3:00pm Bingo (CR) <b>5</b>	9:30am <b>Quick Errands (BT)</b> 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 12:30pm <b>Quick Errands (BT)</b> 2:30pm <b>Resident Council Meeting (CR)</b> 3:00pm Dollar Bingo (CR) 4:00pm "Left Center Right" Game (AR) <b>6</b>	9:30am Morning Circle (CR) 9:45am Today in History... (CR) 10:00am Sit & Be Fit! (CR) 1:15pm <b>Arts &amp; Crafts: Button Hearts (AR)</b> 2:30pm <b>Hot Cocoa Social! (CR)</b> 3:00pm Bingo (CR) <b>7</b>
9:30am Morning News (CR) 10:00am Resident Led Walking Club (CR) 1:45pm <b>Pasadena Little Theater: The Games Afoot (BT)</b> <b>8</b>	9:15am <b>P.A.L.S Group Activity (CR)</b> 9:30am <b>Shopping Trip: H-E-B, Walmart, Target (BT)</b> 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 12:30pm <b>Shopping Trip: H-E-B, Walmart, Target (BT)</b> 1:30pm <b>Classic Movie Mondays: "To Catch a Thief" (1955) (TH)</b> 3:00pm Dollar Bingo (CR) 4:00pm Dominoes! (Tabletop Games) (CR) <b>9</b>	9:30am <b>Communion with St. Bernadette's Church (TH)</b> 9:30am <b>Free Blood Pressure Checks by Friendly Faces (CR)</b> 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 1:15pm <b>Arts &amp; Crafts: Conversation Heart Painting (AR)</b> 3:00pm Bingo (CR) 4:00pm "Left Center Right" Game (AR) <b>10</b>	9:15am <b>Golden Nugget Casino Trip! (BT)</b> 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 1:55pm <b>P.A.L.S Group Activity (CR)</b> 2:00pm <b>Putting the Past in Order: Black History (CR)</b> 3:00pm Dollar Bingo (CR) 4:00pm <b>Wine Down Wednesday! (Happy Hour) (DR)</b> <b>11</b>	9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 11:30am <b>SingFit! (CR)</b> 2:00pm <b>Virtual Travels with SnackCrate: Malaysia! (TH)</b> 2:30pm <b>Activities Meeting (CR)</b> 3:00pm Bingo (CR) <b>12</b>	9:15am <b>Rotary Club: Roses for Residents (Visiting)</b> 9:30am <b>Quick Errands (BT)</b> 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 12:30pm <b>Quick Errands (BT)</b> 1:30pm <b>Classic Movie: Paris When It Sizzles (1964) (TH)</b> 3:00pm Dollar Bingo (CR) 4:00pm <b>Valentine's Day Party! (DR)</b> <b>13</b>	9:30am Morning Circle (CR) 9:45am Today in History... (CR) 10:00am Sit & Be Fit! (CR) 1:15pm <b>Arts &amp; Crafts: Fingerprint Hearts (AR)</b> 2:30pm <b>Hot Cocoa Social! (CR)</b> 3:00pm Bingo (CR) <b>14</b>
9:30am Morning News (CR) 10:00am Resident Led Walking Club (CR) <b>15</b>	9:15am <b>Presidential Riddles/First Ladies: Who am I? (CR)</b> 9:15am <b>P.A.L.S Group Activity (CR)</b> 9:30am <b>Shopping Trip: H-E-B, Walmart, Target (BT)</b> 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 12:30pm <b>Shopping Trip: H-E-B, Walmart, Target (BT)</b> 1:30pm <b>Classic Movie Mondays: "Rio Bravo" (1959) (TH)</b> 3:00pm Dollar Bingo (CR) 4:00pm Dominoes! (Tabletop Games) (CR) <b>16</b>	9:30am <b>Communion with St. Bernadette's Church (TH)</b> 9:30am <b>Free Blood Pressure Checks by Friendly Faces (CR)</b> 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 1:15pm <b>Arts &amp; Crafts: Heart Art (AR)</b> 3:00pm Bingo (CR) 4:00pm <b>Mardigras Happy Hour! (DR)</b> 5:45pm <b>Houston Botanical Garden: Radiant Nature Lights</b> <b>17</b>	9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 1:30pm <b>Karen's Card Making Class (CR)</b> 1:55pm <b>P.A.L.S Group Activity (CR)</b> 2:00pm <b>Who Am I? - Black History Month (CR)</b> 3:00pm Dollar Bingo (CR) 4:00pm <b>Wine Down Wednesday! (Happy Hour) (DR)</b> 4:30pm <b>Dinner Outing: Longhorn Steakhouse (BT)</b> <b>18</b>	9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 11:30am <b>SingFit! (CR)</b> 1:00pm <b>Lyrical Healing with Angel! (CR)</b> 2:30pm <b>Dining Services Meeting (CR)</b> 3:00pm Bingo (CR) <b>19</b>	9:30am <b>Quick Errands (BT)</b> 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 12:30pm <b>Quick Errands (BT)</b> 1:30pm <b>Classic Movie: The Notebook (2004) (TH)</b> 3:00pm Dollar Bingo (CR) 4:00pm "Left Center Right" Game (AR) <b>20</b>	9:30am Morning Circle (CR) 9:45am Today in History... (CR) 10:00am Sit & Be Fit! (CR) 1:15pm <b>Arts &amp; Crafts: Paper Crafts (AR)</b> 2:30pm <b>Hot Cocoa Social! (CR)</b> 3:00pm Bingo (CR) 6:30pm <b>Bay Area Bluegrass Music Concert! (BT)</b> <b>21</b>
9:30am Morning News (CR) 10:00am Resident Led Walking Club (CR) <b>22</b>	9:15am <b>P.A.L.S Group Activity (CR)</b> 9:30am <b>Shopping Trip: H-E-B, Walmart, Target (BT)</b> 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 12:30pm <b>Shopping Trip: H-E-B, Walmart, Target (BT)</b> 1:30pm <b>Classic Movie Mondays: "Suspicion" (1941) (TH)</b> 3:00pm Dollar Bingo (CR) 4:00pm Dominoes! (Tabletop Games) (CR) <b>23</b>	9:30am <b>Communion with St. Bernadette's Church (TH)</b> 9:30am <b>Free Blood Pressure Checks by Friendly Faces (CR)</b> 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 1:15pm <b>Arts &amp; Crafts: Stained Glass Hearts (AR)</b> 3:00pm Bingo (CR) 4:00pm "Left Center Right" Game (AR) <b>24</b>	9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 11:30am <b>Lunch Outing: Sundance Grill II (BT)</b> 1:55pm <b>P.A.L.S Group Activity (CR)</b> 2:00pm <b>Black History Month Puzzles (CR)</b> 3:00pm Dollar Bingo (CR) 4:00pm <b>Resident Birthday Celebration! (B)</b> <b>25</b>	9:45am Morning Circle (CR) 10:30am Today in History... (CR) 10:35am <b>New Resident Orientation (TH)</b> 11:00am Sit & Be Fit! (CR) 11:30am <b>SingFit! (CR)</b> 2:30pm <b>Resident Town Hall (CR)</b> 3:00pm Bingo (CR) <b>26</b>	9:30am <b>Quick Errands (BT)</b> 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 12:30pm <b>Quick Errands (BT)</b> 1:30pm <b>Classic Movie: Ghost (1990) (TH)</b> 2:00pm <b>Plane Watching at Houston Hobby Airport (BT)</b> 3:00pm Dollar Bingo (CR) 4:00pm "Left Center Right" Game (AR) <b>27</b>	9:30am Morning Circle (CR) 9:45am Today in History... (CR) 10:00am Sit & Be Fit! (CR) 1:15pm <b>Arts &amp; Crafts: Heart Art (AR)</b> 2:30pm <b>Hot Cocoa Social! (CR)</b> 3:00pm Bingo (CR) <b>28</b>



## February 2026 Memory Care Calenda

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>LOCATION</b> AL Dining Room (ALDR) Art Gallery (MC) Bus Trip (BT) Courtyard (MC) Living Room (MC) MC Dining Room (MC) Mainstreet (MC) Mainstreet (MS) Soda Shop (MC) Theater (MC)		<b>ACTIVITY LEGEND</b>  One Step			
9:30am  Walking Club (MS) 10:00am <b>CHURCH OF NAZARENE (MS)</b> <b>1</b> 11:00am Music Therapy / Sing along with Beth Williams (MC) 2:30pm Sit and Sip on the Patio (MC) 3:00pm University Baptist Church Sunday Service (ALDR) 6:00pm Trivia Quiz 50's & 60's (MC)	9:15am  P.A.L.S. Group Activity (MS) <b>2</b> 10:00am Flower Planting w/Michele (MC) 11:00am SingFit PRIME (MC) 2:15pm Noodles and Bubbles (MC) 3:00pm Bingo Bucks (MC) 6:00pm Outdoor walks (MC)	9:30am Exercise w/ EmpowerMe Wellness (MC) <b>3</b> 10:00am Crafter's Corner (MC) 11:00am Music and Drumming (MC) 2:15pm Bean Bag Toss (MC) 3:00pm Sip and Paint (MC) 4:00pm Alzheimer's Support Group (MC) 6:00pm Jigsaw Jam (MC)	9:30am Daily Devotion (MC) 10:00am Sit and Be Fit w/ Weights (MC) <b>4</b> 10:15am Culinary Creations (MC) 2:15pm News Paper Roll (MC) 3:00pm Prized Bingo (MC) 6:00pm Movie and Popcorn (MC)	9:30am Travel W/ Rick Steves (MC) <b>5</b> 10:00am Chair Yoga (MC) 10:30am Decorating Frames (MC) 2:15pm Hangman (MC) 3:00pm Granny Pants (Ball Toss) (MC) 4:00pm Social Hour (MC) 6:00pm Story Telling (MC)	9:30am Parachute/Beachball (MC) <b>6</b> 10:00am Culinary Creations (MC) 11:10am Music Therapy/ Sing along with Beth Williams (MC) 2:15pm Spa Day (MC) 3:00pm Prized Bingo (MC) 5:00pm Valentine's Dinner and Dance (MC)	9:30am  Travel W/Rick Steves (MS) <b>7</b> 10:00am Noodles & Bubbles (MC) 11:15am Music Therapy / Sing along with Beth Williams (MC) 2:20pm Ice Cream Social (MC) 3:00pm Coloring Art (MC) 6:00pm Pictionary (MC)
9:30am  Walking Club (MS) <b>8</b> 10:00am <b>CHURCH OF NAZARENE (MS)</b> 11:00am Music Therapy / Sing along with Beth Williams (MC) 2:30pm Sit and Sip on the Patio (MC) 6:00pm Trivia Quiz 50's & 60's (MC)	9:15am  P.A.L.S. Group Activity (MS) <b>9</b> 10:00am Poke a Prize (Valentine's Edition) (MC) 11:00am SingFit PRIME (MC) 2:15pm Noodles and Bubbles (MC) 3:00pm Bingo Bucks (MC) 6:00pm Outdoor walks (MC)	9:30am Exercise w/ EmpowerMe Wellness (MC) <b>10</b> 10:00am Crafter's Corner (MC) 11:00am Music and Drumming (MC) 2:15pm Bean Bag Toss (MC) 3:00pm Sip and Paint (MC) 6:00pm Jigsaw Jam (MC)	9:30am Daily Devotion (MC) <b>11</b> 9:45am Sit and Be Fit w/ Weights (MC) 10:15am Culinary Creations (MC) 2:15pm News Paper Roll (MC) 3:00pm Prized Bingo (MC) 6:00pm Movie and Popcorn (MC)	9:30am Travel W/ Rick Steves (MC) <b>12</b> 10:00am Chair Yoga (MC) 10:30am Making Valentine's Pillow (MC) 2:15pm Hangman (MC) 3:00pm Granny Pants (Ball Toss) (MC) 4:00pm Social Hour (MC) 6:00pm Story Telling (MC)	9:15am Rotary Club: Roses for Residents (Visiting) <b>13</b> 9:30am Parachute/Beachball (MC) 10:00am Culinary Creations (MC) 11:10am Music Therapy/ Sing along with Beth Williams (MC) 2:15pm Spa Day (MC) 3:00pm Prized Bingo (MC) 6:00pm Indoor/Outdoor Walk (MC)	9:30am  Travel W/Rick Steves (MS) <b>14</b> 10:00am Noodles & Bubbles (MC) 10:30am Coloring Art (MC) 11:15am Music Therapy / Sing along with Beth Williams (MC) 2:20pm Ice Cream Social (MC) 3:00pm Decorating face masks (MC) 6:00pm Pictionary (MC)
9:30am  Walking Club (MS) <b>15</b> 10:00am <b>CHURCH OF NAZARENE (MS)</b> 11:00am Music Therapy / Sing along with Beth Williams (MC) 2:30pm Sit and Sip on the Patio (MC) 3:00pm University Baptist Church Sunday Service (ALDR) 6:00pm Trivia Quiz 50's & 60's (MC)	9:15am  P.A.L.S. Group Activity (MS) <b>16</b> 10:00am Flower Planting w/Michele (MC) 11:00am SingFit PRIME (MC) 2:15pm Noodles and Bubbles (MC) 3:00pm Bingo Bucks (MC) 6:00pm Outdoor walks (MC)	<b>FAT TUESDAY</b> 9:30am Exercise w/ EmpowerMe Wellness (MC) <b>17</b> 10:00am Crafter's Corner (MC) 11:00am Music and Drumming (MC) 2:15pm Bean Bag Toss (MC) 3:00pm Madi Gras Party (MC) 6:00pm Jigsaw Jam (MC)	9:30am Daily Devotion (MC) <b>18</b> 9:45am Sit and Be Fit w/ Weights (MC) 10:15am Culinary Creations (MC) 2:15pm News Paper Roll (MC) 3:00pm Prized Bingo (MC) 6:00pm Movie and Popcorn (MC)	9:30am Travel W/ Rick Steves (MC) <b>19</b> 10:00am Chair Yoga (MC) 10:30am Music Therapy w/Angel Schroeder (MC) 2:15pm Hangman (MC) 3:00pm Granny Pants (Ball Toss) (MC) 4:00pm Social Hour (MC) 4:00pm Resident's Birthday Party (MC) 6:00pm Story Telling (MC)	9:30am <b>20</b> Parachute/Beachball (MC) 10:00am Culinary Creations (MC) 11:10am Music Therapy/ Sing along with Beth Williams (MC) 2:15pm Spa Day (MC) 3:00pm Prized Bingo (MC) 6:00pm Indoor/Outdoor Walk (MC)	9:30am  Travel W/Rick Steves (MS) <b>21</b> 10:00am Noodles & Bubbles (MC) 11:15am Music Therapy / Sing along with Beth Williams (MC) 2:20pm Ice Cream Social (MC) 6:00pm Pictionary (MC)
9:30am  Walking Club (MS) <b>22</b> 10:00am <b>CHURCH OF NAZARENE (MS)</b> 11:00am Music Therapy / Sing along with Beth Williams (MC) 2:30pm Sit and Sip on the Patio (MC) 6:00pm Trivia Quiz 50's & 60's (MC)	9:15am  P.A.L.S. Group Activity (MS) <b>23</b> 10:00am Stacking Cups game (MC) 11:00am SingFit PRIME (MC) 2:15pm Noodles and Bubbles (MC) 3:00pm Bingo Bucks (MC) 6:00pm Outdoor walks (MC)	9:30am Exercise w/ EmpowerMe Wellness (MC) <b>24</b> 10:00am Crafter's Corner (MC) 11:00am Music and Drumming (MC) 2:15pm Bean Bag Toss (MC) 3:00pm Sip and Paint (MC) 6:00pm Jigsaw Jam (MC)	9:30am Daily Devotion (MC) <b>25</b> 9:45am Sit and Be Fit w/ Weights (MC) 10:15am Culinary Creations (MC) 2:15pm News Paper Roll (MC) 3:00pm Prized Bingo (MC) 4:00pm Family Town Hall (MC) 6:00pm Movie and Popcorn (MC)	9:30am Travel W/ Rick Steves (MC) <b>26</b> 10:00am Chair Yoga (MC) 2:15pm Hangman (MC) 3:00pm Granny Pants (Ball Toss) (MC) 4:00pm Social Hour (MC) 6:00pm Story Telling (MC)	9:30am <b>27</b> Parachute/Beachball (MC) 10:00am Culinary Creations (MC) 11:10am Music Therapy/ Sing along with Beth Williams (MC) 2:00pm Plane Watching at Houston Hobby Airport (BT) 2:15pm Spa Day (MC) 3:00pm Prized Bingo (MC) 6:00pm Indoor/Outdoor Walk (MC)	9:30am  Travel W/Rick Steves (MS) <b>28</b> 10:00am Noodles & Bubbles (MC) 11:15am Music Therapy / Sing along with Beth Williams (MC) 2:20pm Ice Cream Social (MC) 6:00pm Pictionary (MC)