

February 2026 Independent Living Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	LOCATION 2nd Floor (2F) Activity Room (AR) Bar (B) Bus Trip (BT) Theater Room (TH)						
10:35am Resident Led Walking Club (2F) 1:00pm Tabletop Games (2F) 2:00pm Scrabble (2F)	8:00am Crafts: Beading (AR) 9:30am Shopping Trip: H-E-B, Walmart, Target (BT) 10:00am Communion for All Faiths by Dr. Tom (TH) 10:30am Sit & Be Fit! (2F) 12:30pm Shopping Trip: H-E-B, Walmart, Target (BT) 1:00pm Tabletop Games (2F) 1:30pm Matinee Movie: "Les Misérables" (2012) (TH) 3:00pm Dollar Bingo! (AR) 5:00pm Classic Film: Titanic (1997) (TH)	2 10:00am Free Blood Pressure Checks by Friendly Faces (2F) 10:00am Communion with St. Bernadette's Church (TH) 10:30am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 1:30pm Color Therapy (AR) 2:00pm Resident Council Meeting (AR) 3:00pm Resident Outreach Group! (AR) 4:00pm Happy Hour (B) 4:00pm Alzheimer's Support Group w/ Guest Speaker (TH)	3 8:00am Crafts: Beading (AR) 9:30am SingFit! (2F) 10:00am Chair Volleyball (AR) 10:30am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 2:00pm Bible Study (TH) 3:00pm Women's Christian Group (TH) 3:00pm Dollar Bingo! (AR) 4:30pm Dinner Outing: Longhorn Steakhouse (BT)	4 8:00am Crafts: Beading (AR) 9:30am SingFit! (2F) 10:00am Chair Volleyball (AR) 10:30am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 2:00pm Bible Study (TH) 3:00pm Women's Christian Group (TH) 3:00pm Dollar Bingo! (AR) 4:30pm Arts & Crafts: Paper 3D Hearts (AR) 4:00pm Thirsty Thursday! (Happy Hour) (B)	5 9:30am Karen's Card Making Class (AR) 10:30am Sit & Be Fit! (2F) 12:30pm Documentary Club: America's Greatest Monuments (TH) 1:00pm Tabletop Games (2F) 1:30pm Color Therapy (AR) 2:30pm Arts & Crafts: Paper 3D Hearts (AR) 4:00pm Thirsty Thursday! (Happy Hour) (B)	6 9:30am Quick Errands (BT) 10:00am Chair Volleyball (AR) 10:30am Sit & Be Fit! (2F) 12:30pm Quick Errands (BT) 1:00pm Tabletop Games (2F) 1:30pm Matinee Movie: Wicked: For Good (TH) 3:00pm Dollar Bingo! (AR) 5:00pm New Release Movie: Rebuilding (TH)	7 10:35am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 3:15pm Rosary with John (TH) 5:00pm New Release Movie: Rebuilding (TH)
10:35am Resident Led Walking Club (2F) 1:00pm Tabletop Games (2F) 1:45pm Pasadena Little Theater: The Games Afoot (BT) 2:00pm Scrabble (2F)	8 8:00am Crafts: Beading (AR) 9:30am Shopping Trip: H-E-B, Walmart, Target (BT) 10:00am Communion for All Faiths by Dr. Tom (TH) 10:30am Sit & Be Fit! (2F) 12:30pm Shopping Trip: H-E-B, Walmart, Target (BT) 1:00pm Tabletop Games (2F) 1:30pm Matinee Movie: Titanic (1997) (TH) 3:00pm Dollar Bingo! (AR) 5:00pm Classic Film: To Catch a Thief (1955) (TH)	9 8:00am Crafts: Beading (AR) 9:30am Shopping Trip: H-E-B, Walmart, Target (BT) 10:00am Communion with St. Bernadette's Church (TH) 10:30am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 1:30pm Color Therapy (AR) 2:00pm Calendar Planning w/ Team (AR) 3:00pm Resident Outreach Group! (AR) 4:00pm Happy Hour (B)	10 8:00am Crafts: Beading (AR) 9:15am Golden Nugget Casino Trip! (BT) 10:00am Communion with St. Bernadette's Church (TH) 10:30am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 2:00pm Bible Study (TH) 3:00pm Women's Christian Group (TH) 3:00pm Dollar Bingo! (AR)	11 8:00am Crafts: Beading (AR) 9:15am Golden Nugget Casino Trip! (BT) 10:00am Communion with St. Bernadette's Church (TH) 10:30am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 2:00pm Bible Study (TH) 3:00pm Women's Christian Group (TH) 3:00pm Dollar Bingo! (AR)	12 9:30am Karen's Card Making Class (AR) 10:30am Sit & Be Fit! (2F) 12:30pm Virtual Tour: Malaysia (TH) 1:00pm Tabletop Games (2F) 1:30pm Color Therapy (AR) 2:00pm "Heart Healthy Month" Presented by Friendly Faces (2F) 2:30pm Arts & Crafts: Mardi Gras! (AR) 4:00pm Thirsty Thursday! (Happy Hour) (B)	13 9:15am Rotary Club: Roses for Residents (Visiting) 9:30am Quick Errands (BT) 10:00am Chair Volleyball (AR) 10:30am Sit & Be Fit! (2F) 12:30pm Quick Errands (BT) 1:00pm Tabletop Games (2F) 1:30pm Matinee Movie: Song Sung Blue (TH) 3:00pm Dollar Bingo! (AR) 4:00pm Valentine's Day Party! (B) 5:00pm New Release Movie: Song Sung Blue (TH)	14 10:35am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 3:15pm Rosary with John (TH) 5:00pm New Release Movie: Song Sung Blue (TH)
10:35am Resident Led Walking Club (2F) 1:00pm Tabletop Games (2F) 2:00pm Scrabble (2F)	15 8:00am Crafts: Beading (AR) 9:30am Shopping Trip: H-E-B, Walmart, Target (BT) 10:00am Communion for All Faiths by Dr. Tom (TH) 10:30am Sit & Be Fit! (2F) 12:30pm Shopping Trip: H-E-B, Walmart, Target (BT) 1:00pm Tabletop Games (2F) 1:30pm Matinee Movie: To Catch a Thief (1955) (TH) 3:00pm Dollar Bingo! (AR) 5:00pm Classic Film: The Notebook (2004) (TH)	16 8:00am Crafts: Beading (AR) 9:30am Shopping Trip: H-E-B, Walmart, Target (BT) 10:00am Communion with St. Bernadette's Church (TH) 10:30am Sit & Be Fit! (2F) 11:00am Harris County Master Gardeners Green Thumb Series: Spring Vegetable Gardening (TH) 1:00pm Tabletop Games (2F) 1:30pm Color Therapy (AR) 2:00pm Chef Chat! (B) 3:00pm Resident Outreach Group! (AR) 4:00pm Mardigras Happy Hour! (B) 5:45pm Houston Botanical Garden: Radiant Nature Lights	17 8:00am Crafts: Beading (AR) 9:30am SingFit! (2F) 10:00am Chair Volleyball (AR) 10:30am Sit & Be Fit! (2F) 11:15am Lunch Outing: Mamacita's Mexican Restaurant (BT) 1:00pm Tabletop Games (2F) 2:00pm Bible Study (TH) 3:00pm Women's Christian Group (TH) 3:00pm Dollar Bingo! (AR)	18 8:00am Crafts: Beading (AR) 9:30am SingFit! (2F) 10:00am Chair Volleyball (AR) 10:30am Sit & Be Fit! (2F) 11:15am Lunch Outing: Mamacita's Mexican Restaurant (BT) 1:00pm Tabletop Games (2F) 2:00pm Bible Study (TH) 3:00pm Women's Christian Group (TH) 3:00pm Dollar Bingo! (AR)	19 9:30am Karen's Card Making Class (AR) 10:00am Silver Joy: Chair Dancing! (2F) 10:30am Sit & Be Fit! (2F) 12:30pm Documentary Club: Aboard Air Force One (TH) 1:00pm Tabletop Games (2F) 1:30pm Color Therapy (AR) 2:00pm Arts & Crafts: Watercolor with Patsie! (AR) 4:00pm Thirsty Thursday! (Happy Hour) (B)	20 9:30am Quick Errands (BT) 10:00am Chair Volleyball (AR) 10:30am Sit & Be Fit! (2F) 12:30pm Quick Errands (BT) 1:00pm Tabletop Games (2F) 1:30pm Matinee Movie: Anaconda (TH) 3:00pm Dollar Bingo! (AR) 5:00pm New Release Movie: Anaconda (TH)	21 10:35am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 3:15pm Rosary with John (TH) 5:00pm New Release Movie: Anaconda (TH) 6:30pm Bay Area Bluegrass Music Concert! (BT)
10:35am Resident Led Walking Club (2F) 1:00pm Tabletop Games (2F) 2:00pm Scrabble (2F)	22 8:00am Crafts: Beading (AR) 9:30am Shopping Trip: H-E-B, Walmart, Target (BT) 10:00am Communion for All Faiths by Dr. Tom (TH) 10:30am Sit & Be Fit! (2F) 12:30pm Shopping Trip: H-E-B, Walmart, Target (BT) 1:00pm Tabletop Games (2F) 1:00pm Lyrical Healing with Angel! (2F) 1:30pm Matinee Movie: The Notebook (2004) (TH) 3:00pm Dollar Bingo! (AR) 5:00pm Classic Film: Ghost (1990) (TH)	23 8:00am Crafts: Beading (AR) 9:30am Shopping Trip: H-E-B, Walmart, Target (BT) 10:00am Communion with St. Bernadette's Church (TH) 10:30am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 1:30pm Color Therapy (AR) 2:00pm Resident Town Hall (B) 3:00pm Resident Outreach Group! (AR) 4:00pm Happy Hour (B)	24 8:00am Crafts: Beading (AR) 9:30am SingFit! (2F) 10:00am Chair Volleyball (AR) 10:30am Sit & Be Fit! (2F) 10:35am New Resident Orientation (TH) 11:15am Lunch Outing: Ichibon (Hibachi Grill) (BT) 1:00pm Tabletop Games (2F) 2:00pm Bible Study (TH) 3:00pm Women's Christian Group (TH) 3:00pm Dollar Bingo! (AR)	25 8:00am Crafts: Beading (AR) 9:30am SingFit! (2F) 10:00am Chair Volleyball (AR) 10:30am Sit & Be Fit! (2F) 10:35am New Resident Orientation (TH) 11:15am Lunch Outing: Ichibon (Hibachi Grill) (BT) 1:00pm Tabletop Games (2F) 2:00pm Bible Study (TH) 3:00pm Women's Christian Group (TH) 3:00pm Dollar Bingo! (AR)	26 9:30am Karen's Card Making Class (AR) 10:30am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 1:30pm Color Therapy (AR) 2:30pm Arts & Crafts: Lovebird Painting (AR) 4:00pm Resident Birthday Celebration! (B)	27 9:30am Quick Errands (BT) 10:00am Chair Volleyball (AR) 10:30am Sit & Be Fit! (2F) 12:30pm Quick Errands (BT) 1:00pm Tabletop Games (2F) 1:30pm Matinee Movie: Merrily We Roll Along (TH) 2:00pm Plane Watching at Houston Hobby Airport (BT) 2:00pm Resident Book Club (AR) 3:00pm Dollar Bingo! (AR) 5:00pm New Release Movie: Merrily We Roll Along (TH)	28 10:35am Sit & Be Fit! (2F) 1:00pm Tabletop Games (2F) 3:15pm Rosary with John (TH) 5:00pm New Release Movie: Merrily We Roll Along (TH)

February 2026 Assisted Living Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	LOCATION Activity Room (AR) Bar (B) Bus Trip (BT) Card Room (CR) Dining Room (DR) Theater Room (TH)						
9:30am Morning News (CR) 10:00am Resident Led Walking Club (CR)	1 9:15am P.A.L.S Group Activity (CR) 9:30am Shopping Trip: H-E-B, Walmart, Target (BT) 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 12:30pm Shopping Trip: H-E-B, Walmart, Target (BT) 1:30pm Classic Movie Mondays: "Key Largo" (1948) (TH) 3:00pm Dollar Bingo (CR) 4:00pm Dominoes! (Tabletop Games) (CR)	2 9:30am Communion with St. Bernadette's Church (TH) 9:30am Free Blood Pressure Checks by Friendly Faces (CR) 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 1:15pm Arts & Crafts: Mardi Gras Bead Painting (AR) 3:00pm Bingo (CR) 4:00pm "Left Center Right" Game (AR)	3 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 11:30am Lunch Outing: Mamacita's Mexican Restaurant (BT) 1:30pm Karen's Card Making Class (CR) 1:55pm P.A.L.S Group Activity (CR) 2:00pm Explore Historic Places of the Civil Rights Movement (CR) 3:00pm Dollar Bingo (CR) 4:00pm Wine Down Wednesday! (Happy Hour) (DR)	4 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 11:30am SingFit! (CR) 1:30pm Classic Movie Mondays: "Titanic" (1997) (TH) 3:00pm Bingo (CR)	5 9:30am Quick Errands (BT) 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 12:30pm Quick Errands (BT) 2:30pm Resident Council Meeting (CR) 3:00pm Dollar Bingo (CR) 4:00pm "Left Center Right" Game (AR)	6 9:30am Morning Circle (CR) 9:45am Today in History... (CR) 10:00am Sit & Be Fit! (CR) 1:15pm Arts & Crafts: Button Hearts (AR) 2:30pm Hot Cocoa Social! (CR) 3:00pm Bingo (CR)	7
9:30am Morning News (CR) 10:00am Resident Led Walking Club (CR) 1:45pm Pasadena Little Theater: The Games Afoot (BT)	8 9:15am P.A.L.S Group Activity (CR) 9:30am Shopping Trip: H-E-B, Walmart, Target (BT) 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 12:30pm Shopping Trip: H-E-B, Walmart, Target (BT) 1:30pm Classic Movie Mondays: "To Catch a Thief" (1955) (TH) 3:00pm Dollar Bingo (CR) 4:00pm Dominoes! (Tabletop Games) (CR)	9 9:30am Communion with St. Bernadette's Church (TH) 9:30am Free Blood Pressure Checks by Friendly Faces (CR) 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 1:15pm Arts & Crafts: Conversation Heart Painting (AR) 3:00pm Bingo (CR) 4:00pm "Left Center Right" Game (AR)	10 9:15am Golden Nugget Casino Trip! (BT) 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 1:55pm P.A.L.S Group Activity (CR) 2:00pm Putting the Past in Order: Black History (CR) 3:00pm Dollar Bingo (CR) 4:00pm Wine Down Wednesday! (Happy Hour) (DR)	11 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 11:30am SingFit! (CR) 2:00pm Virtual Travels with SnackCrate: Malaysia! (TH) 2:30pm Activities Meeting (CR) 3:00pm Bingo (CR)	12 9:15am Rotary Club: Roses for Residents (Visiting) 9:30am Quick Errands (BT) 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 12:30pm Quick Errands (BT) 1:30pm Classic Movie: Paris When It Sizzles (1964) (TH) 3:00pm Dollar Bingo (CR) 4:00pm Valentine's Day Party! (DR)	13 9:30am Morning Circle (CR) 9:45am Today in History... (CR) 10:00am Sit & Be Fit! (CR) 1:15pm Arts & Crafts: Fingerprint Hearts (AR) 2:30pm Hot Cocoa Social! (CR) 3:00pm Bingo (CR)	14
9:30am Morning News (CR) 10:00am Resident Led Walking Club (CR)	15 9:15am Presidential Riddles/First Ladies: Who am I? (CR) 9:15am P.A.L.S Group Activity (CR) 9:30am Shopping Trip: H-E-B, Walmart, Target (BT) 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 12:30pm Shopping Trip: H-E-B, Walmart, Target (BT) 1:30pm Classic Movie Mondays: "Rio Bravo" (1959) (TH) 3:00pm Dollar Bingo (CR) 4:00pm Dominoes! (Tabletop Games) (CR)	16 9:30am Communion with St. Bernadette's Church (TH) 9:30am Free Blood Pressure Checks by Friendly Faces (CR) 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 1:15pm Arts & Crafts: Heart Art (AR) 3:00pm Bingo (CR) 4:00pm Mardi Gras Happy Hour! (DR) 5:45pm Houston Botanical Garden: Radiant Nature Lights	17 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 1:30pm Karen's Card Making Class (CR) 1:55pm P.A.L.S Group Activity (CR) 2:00pm Who Am I? - Black History Month (CR) 3:00pm Dollar Bingo (CR) 4:00pm Wine Down Wednesday! (Happy Hour) (DR) 4:30pm Dinner Outing: Longhorn Steakhouse (BT)	18 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 11:30am SingFit! (CR) 1:00pm Lyrical Healing with Angel! (CR) 2:30pm Dining Services Meeting (CR) 3:00pm Bingo (CR)	19 9:30am Quick Errands (BT) 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 12:30pm Quick Errands (BT) 1:30pm Classic Movie: The Notebook (2004) (TH) 3:00pm Dollar Bingo (CR) 4:00pm "Left Center Right" Game (AR)	20 9:30am Morning Circle (CR) 9:45am Today in History... (CR) 10:00am Sit & Be Fit! (CR) 1:15pm Arts & Crafts: Paper Crafts (AR) 2:30pm Hot Cocoa Social! (CR) 3:00pm Bingo (CR) 6:30pm Bay Area Bluegrass Music Concert! (BT)	21
9:30am Morning News (CR) 10:00am Resident Led Walking Club (CR)	22 9:15am P.A.L.S Group Activity (CR) 9:30am Shopping Trip: H-E-B, Walmart, Target (BT) 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 12:30pm Shopping Trip: H-E-B, Walmart, Target (BT) 1:30pm Classic Movie Mondays: "Suspicion" (1941) (TH) 3:00pm Dollar Bingo (CR) 4:00pm Dominoes! (Tabletop Games) (CR)	23 9:30am Communion with St. Bernadette's Church (TH) 9:30am Free Blood Pressure Checks by Friendly Faces (CR) 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 1:15pm Arts & Crafts: Stained Glass Hearts (AR) 3:00pm Bingo (CR) 4:00pm "Left Center Right" Game (AR)	24 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 11:30am Lunch Outing: Sundance Grill II (BT) 1:55pm P.A.L.S Group Activity (CR) 2:00pm Black History Month Puzzles (CR) 3:00pm Dollar Bingo (CR) 4:00pm Resident Birthday Celebration! (B)	25 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 10:35am New Resident Orientation (TH) 11:00am Sit & Be Fit! (CR) 11:30am SingFit! (CR) 2:30pm Resident Town Hall (CR) 3:00pm Bingo (CR)	26 9:30am Quick Errands (BT) 9:45am Morning Circle (CR) 10:30am Today in History... (CR) 11:00am Sit & Be Fit! (CR) 12:30pm Quick Errands (BT) 1:30pm Classic Movie: Ghost (1990) (TH) 2:00pm Plane Watching at Houston Hobby Airport (BT) 3:00pm Dollar Bingo (CR) 4:00pm "Left Center Right" Game (AR)	27 9:30am Morning Circle (CR) 9:45am Today in History... (CR) 10:00am Sit & Be Fit! (CR) 1:15pm Arts & Crafts: Heart Art (AR) 2:30pm Hot Cocoa Social! (CR) 3:00pm Bingo (CR)	28

February 2026 Memory Care Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>LOCATION AL Dining Room (ALDR) Art Gallery (MC) Bus Trip (BT) Courtyard (MC) Living Room (MC) MC Dining Room (MC) Mainstreet (MC) Mainstreet (MS) Soda Shop (MC) Theater (MC)</p>	<p>ACTIVITY LEGEND  One Step</p>					
9:30am  Walking Club (MS) 10:00am CHURCH OF NAZARENE (MS) 1 11:00am Music Therapy / Sing along with Beth Williams (MC) 2:30pm Sit and Sip on the Patio (MC) 3:00pm University Baptist Church Sunday Service (ALDR) 6:00pm Trivia Quiz 50's & 60's (MC)	9:15am  P.A.L.S Group Activity (MS) 2 10:00am Flower Planting w/Michele (MC) 11:00am SingFit PRIME (MC) 2:15pm Noodles and Bubbles (MC) 3:00pm Bingo Bucks (MC) 6:00pm Outdoor walks (MC)	9:30am Exercise w/ EmpowerMe Wellness (MC) 3 10:00am Crafter's Corner (MC) 11:00am Music and Drumming (MC) 2:15pm Bean Bag Toss (MC) 3:00pm Sip and Paint (MC) 4:00pm Alzheimer's Support Group (MC) 6:00pm Jigsaw Jam (MC)	9:30am Daily Devotion (MC) 4 10:00am Sit and Be Fit w/ Weights (MC) 10:15am Culinary Creations (MC) 2:15pm News Paper Roll (MC) 3:00pm Prized Bingo (MC) 6:00pm Movie and Popcorn (MC)	9:30am Travel W/ Rick Steves (MC) 5 10:00am Chair Yoga (MC) 10:30am Decorating Frames (MC) 2:15pm Hangman (MC) 3:00pm Granny Pants (Ball Toss) (MC) 4:00pm Social Hour (MC) 6:00pm Story Telling (MC)	9:30am Parachute/Beachball (MC) 6 10:00am Culinary Creations (MC) 11:10am Music Therapy/ Sing along with Beth Williams (MC) 2:15pm Spa Day (MC) 3:00pm Prized Bingo (MC) 5:00pm Valentine's Dinner and Dance (MC)	9:30am  Travel W/Rick Steves (MS) 7 10:00am Noodles & Bubbles (MC) 11:15am Music Therapy / Sing alor with Beth Williams (MC) 2:20pm Ice Cream Social (MC) 3:00pm Coloring Art (MC) 6:00pm Pictionary (MC)
9:30am  Walking Club (MS) 10:00am CHURCH OF NAZARENE (MS) 8 11:00am Music Therapy / Sing along with Beth Williams (MC) 2:30pm Sit and Sip on the Patio (MC) 6:00pm Trivia Quiz 50's & 60's (MC)	9:15am  P.A.L.S Group Activity (MS) 9 10:00am Poke a Prize (Valentine's Edition) (MC) 11:00am SingFit PRIME (MC) 2:15pm Noodles and Bubbles (MC) 3:00pm Bingo Bucks (MC) 6:00pm Outdoor walks (MC)	9:30am Exercise w/ EmpowerMe Wellness (MC) 10 10:00am Crafter's Corner (MC) 11:00am Music and Drumming (MC) 2:15pm Bean Bag Toss (MC) 3:00pm Sip and Paint (MC) 6:00pm Jigsaw Jam (MC)	9:30am Daily Devotion (MC) 11 9:45am Sit and Be Fit w/ Weights (MC) 10:15am Culinary Creations (MC) 2:15pm News Paper Roll (MC) 3:00pm Prized Bingo (MC) 6:00pm Movie and Popcorn (MC)	9:30am Travel W/ Rick Steves (MC) 12 10:00am Chair Yoga (MC) 10:30am Making Valentine's Pillow (MC) 2:15pm Hangman (MC) 3:00pm Granny Pants (Ball Toss) (MC) 4:00pm Social Hour (MC) 6:00pm Story Telling (MC)	9:15am Rotary Club: Roses for Residents (Visiting) 13 9:30am Parachute/Beachball (MC) 10:00am Culinary Creations (MC) 11:10am Music Therapy/ Sing along with Beth Williams (MC) 2:15pm Spa Day (MC) 3:00pm Prized Bingo (MC) 6:00pm Indoor/Outdoor Walk (MC)	9:30am  Travel W/Rick Steves (MS) 14 10:00am Noodles & Bubbles (MC) 10:30am Coloring Art (MC) 11:15am Music Therapy / Sing alor with Beth Williams (MC) 2:20pm Ice Cream Social (MC) 3:00pm Decorating face masks (MC) 6:00pm Pictionary (MC)
9:30am  Walking Club (MS) 15 10:00am CHURCH OF NAZARENE (MS) 11:00am Music Therapy / Sing along with Beth Williams (MC) 2:30pm Sit and Sip on the Patio (MC) 3:00pm University Baptist Church Sunday Service (ALDR) 6:00pm Trivia Quiz 50's & 60's (MC)	9:15am  P.A.L.S Group Activity (MS) 16 10:00am Flower Planting w/Michele (MC) 11:00am SingFit PRIME (MC) 2:15pm Noodles and Bubbles (MC) 3:00pm Bingo Bucks (MC) 6:00pm Outdoor walks (MC)	9:30am FAT TUESDAY 17 9:30am Exercise w/ EmpowerMe Wellness (MC) 10:00am Crafter's Corner (MC) 11:00am Music and Drumming (MC) 2:15pm Bean Bag Toss (MC) 3:00pm Madi Gras Party (MC) 6:00pm Jigsaw Jam (MC)	9:30am Daily Devotion (MC) 18 9:45am Sit and Be Fit w/ Weights (MC) 10:15am Culinary Creations (MC) 2:15pm News Paper Roll (MC) 3:00pm Prized Bingo (MC) 6:00pm Movie and Popcorn (MC)	9:30am Travel W/ Rick Steves (MC) 19 10:00am Chair Yoga (MC) 10:30am Music Therapy w/Angel Schroeder (MC) 2:15pm Hangman (MC) 3:00pm Granny Pants (Ball Toss) (MC) 4:00pm Social Hour (MC) 4:00pm Resident's Birthday Party (MC) 6:00pm Story Telling (MC)	9:30am 20 10:00am Parachute/Beachball (MC) 10:00am Culinary Creations (MC) 11:10am Music Therapy/ Sing along with Beth Williams (MC) 2:15pm Spa Day (MC) 3:00pm Prized Bingo (MC) 6:00pm Indoor/Outdoor Walk (MC)	9:30am  Travel W/Rick Steves (MS) 21 10:00am Noodles & Bubbles (MC) 11:15am Music Therapy / Sing alor with Beth Williams (MC) 2:20pm Ice Cream Social (MC) 6:00pm Pictionary (MC)
9:30am  Walking Club (MS) 22 10:00am CHURCH OF NAZARENE (MS) 11:00am Music Therapy / Sing along with Beth Williams (MC) 2:30pm Sit and Sip on the Patio (MC) 6:00pm Trivia Quiz 50's & 60's (MC)	9:15am  P.A.L.S Group Activity (MS) 23 10:00am Stacking Cups game (MC) 11:00am SingFit PRIME (MC) 2:15pm Noodles and Bubbles (MC) 3:00pm Bingo Bucks (MC) 6:00pm Outdoor walks (MC)	9:30am Exercise w/ EmpowerMe Wellness (MC) 24 10:00am Crafter's Corner (MC) 11:00am Music and Drumming (MC) 2:15pm Bean Bag Toss (MC) 3:00pm Sip and Paint (MC) 6:00pm Jigsaw Jam (MC)	9:30am Daily Devotion (MC) 25 9:45am Sit and Be Fit w/ Weights (MC) 10:15am Culinary Creations (MC) 2:15pm News Paper Roll (MC) 3:00pm Prized Bingo (MC) 4:00pm Family Town Hall (MC) 6:00pm Movie and Popcorn (MC)	9:30am Travel W/ Rick Steves (MC) 26 10:00am Chair Yoga (MC) 2:15pm Hangman (MC) 3:00pm Granny Pants (Ball Toss) (MC) 4:00pm Social Hour (MC) 6:00pm Story Telling (MC)	9:30am 27 10:00am Parachute/Beachball (MC) 10:00am Culinary Creations (MC) 11:10am Music Therapy/ Sing along with Beth Williams (MC) 2:00pm Plane Watching at Houston Hobby Airport (BT) 2:15pm Spa Day (MC) 3:00pm Prized Bingo (MC) 6:00pm Indoor/Outdoor Walk (MC)	9:30am  Travel W/Rick Steves (MS) 28 10:00am Noodles & Bubbles (MC) 11:15am Music Therapy / Sing alor with Beth Williams (MC) 2:20pm Ice Cream Social (MC) 6:00pm Pictionary (MC)